

NEWSLETTER

JUNE - NOVEMBER 2025

FOOD SECURITY & SUSTAINABILITY IN ACTION (JUNE-NOV 2025): 254,414 KG OF SURPLUS FOOD RESCUED, 3,054 PROVISIONS DELIVERED

Turning Surplus into Sustenance, Month After Month: From June to November 2025, KSK's Food Bank Programme demonstrated the power of collective action—rescuing surplus food and delivering essential provisions to communities facing food insecurity. Through strong partnerships, dedicated volunteers, and generous supporters, every kilogram rescued and every food pack delivered translated into real relief for families in need. With your continued support, we can convert surplus into sustenance and build resilient communities—one family at a time.

SURPLUS FOOD RESCUED (kg)

June	39,632.93
July	50,932.50
August	42,622.18
September	54,512.53
October	34,986.48
November	31,727.63

DRY PROVISIONS DELIVERIES (#)

June	199
July	355
August	288
September	413
October	912
November	887

Sponsored by Nu Farm Fresh Sdn Bhd

Working closely with Nu Farm Fresh Sdn Bhd, KSK rescued surplus produce from farms in Cameron Highlands and redistributed it to the Orang Asli community at KOA Sungai Gabong, Bentong. This initiative supported 101 families, benefitting approximately 500 individuals, reinforcing KSK's commitment to inclusive food security for underserved communities.

Sponsored by Vendors of Pasar Borong Selayang

In collaboration with the dedicated vendors of Pasar Borong Selayang, KSK rescued surplus food that would otherwise have gone to waste and delivered it to a PPR community in Bentong. This timely intervention benefitted 58 registered families, ensuring that nutritious food reached households facing rising living costs.

Sponsored by AmBank (M) Berhad

During the AmBank Family Run 2025, participating vendors contributed a portion of their sales to support KSK's Food Bank Programme. Through this collective effort, a total of RM10,844 was donated—providing food assistance to 44 families.



Sponsored by Lotus's Stores (Malaysia) Sdn Bhd

With our long-term partner Lotus's Stores (Malaysia) Sdn Bhd and KSK volunteers, we successfully reignited the Food Bank surplus collection programme in Johor. Surplus fruits, vegetables, and buns were rescued from partners and redistributed to registered families, with the first collection yielding 250kg of rescued food, which marks an important step in strengthening sustainable food rescue operations in the southern region.



EMPOWERMENT IN ACTION: 4,002 TUBS OF COOKIES PRODUCED

June	0
July	1,266
August	1,342
September	491
October	579
November	324

Restoring Dignity, One Act of Kindness at a Time

At KSK, empowerment goes beyond food assistance—it is about restoring dignity, comfort, and hope to families navigating hardship. Between June and November 2025, our Empowerment Programme continued to uplift vulnerable individuals through sustainable activities and timely interventions made possible by compassionate volunteers and supporters.

Empowerment Through Purposeful Work

Alongside direct assistance, KSK's Empowerment Programme focuses on creating opportunities for self-reliance and meaningful engagement.

These figures represent more than production volume. They reflect:

- Skills development
- Confidence building
- Pathways toward sustainable income

Each tub produced carries with it a story of resilience, effort, and renewed self-belief.

A Warm Bed of Love | Sponsored by KSK Volunteers

In early July, KSK's Registration Team received a heartfelt plea from a newly registered low-income family who were struggling without a proper bed or bed frame. For the family, restful sleep—a basic human need—had become a daily challenge.

Moved by compassion, KSK volunteers came together without hesitation, pooling their own resources to purchase a new bed and bed frame for the family. This simple yet powerful act transformed more than just a sleeping arrangement—it restored comfort, dignity, and a sense of being cared for.

This initiative was not funded by an external sponsor. It was powered purely by the kindness and empathy of volunteers who believed that every family deserves a safe and dignified place to rest.



With Gratitude to Our Volunteers

From buying a bed for a family in need to supporting empowerment initiatives through consistent effort, our volunteers remain the heart of KSK. Their willingness to give—whether time, skills, or personal resources—continues to change lives in deeply meaningful ways. Because empowerment is not just about survival—it is about giving families the foundation to rebuild their lives.

SOUP KITCHEN : 51,815 MEAL SETS DISTRIBUTED



June	7,771
July	8,010
August	10,331
September	7,807
October	8,074
November	9,822

Nourishing Lives with Consistency and Care

From June to November 2025, KSK's Soup Kitchen Programme remained a vital source of daily nourishment for individuals experiencing food insecurity. During this six-month period, a total of 51,815 meal sets were distributed across multiple locations, reflecting KSK's unwavering commitment to ensuring that no one is left behind in times of hardship. The programme maintained consistent outreach throughout the months, with distributions ranging between 7,771 and 10,331 meals each month. This steady delivery underscores KSK's operational resilience and ability to respond effectively to ongoing community needs, even amid rising costs of living and increasing urban vulnerability. Beyond the numbers, each meal represents dignity and reassurance.

On 4 November 2025, KSK was honoured to collaborate with **Marriott Bonvoy Malaysia** under the Marriott Serve 360 initiative, bringing together nine hotels in a meaningful show of compassion and community service. Together with dedicated volunteers, 300 meal sets were distributed to registered families at PPR Desa Rejang, providing not only nourishment but also reassurance. KSK extends its heartfelt appreciation to Marriott Bonvoy Malaysia and all participating hotels for turning corporate commitment into real impact—demonstrating how collective action can uplift communities and create lasting change.

Central to this effort is the dedication of KSK volunteers who serve tirelessly on the ground. Week after week, they prepare, pack, and distribute meals—often under challenging conditions—driven by compassion and a shared belief in service. Their presence brings warmth, care, and human connection to every distribution point. The Soup Kitchen Programme also reflects the strength of community collaboration. Support from donors and partners enables KSK to sustain consistent operations, maintain food quality, and reach those most in need.

With continued support from our donors, partners, and volunteers, KSK remains committed to nourishing lives and restoring hope—one meal, one person, one community at a time. Sponsored by various donors and sponsors such as **anonymous individuals, Fertitrade (M) Sdn Bhd, Kumar's, Origin Cafe, Pim's & The Rama, QL Resources, Yilo Restaurant, and YTY Industry Holdings Sdn Bhd**. Without their sponsorship, we wouldn't be able to provide warm meal sets to the beneficiaries. Thank you so much...

MEDIC PROGRAMME : 963 STREET CASES ATTENDED

963 STREET CASES ATTENDED – Compassionate Care Where It's Needed Most

From June to November 2025, KSK's MEDIC Programme, together with dedicated volunteer doctors and medical assistants, attended to 963 street medical cases, providing timely care to individuals who often lack access to basic healthcare. Operating directly on the ground, the team addressed a wide range of needs—from acute illnesses and wound care to follow-up treatments—ensuring that vulnerable individuals received attention with dignity and respect, regardless of their circumstances.

The consistent outreach over these six months, with monthly caseloads ranging from 91 to 213 cases, reflects both the growing health needs within the community and the unwavering commitment of KSK's medical volunteers. Every case attended represents a moment of relief, reassurance, and hope for someone in distress. With the continued support of donors and volunteers, KSK remains committed to delivering compassionate medical care—one patient, one visit, one life at a time.

June	192 Cases
July	91 Cases
August	213 Cases
September	154 Cases
October	120 Cases
November	193 Cases

KSK Kuala Lumpur Medical Outreach

Another impactful day on the ground! Our dedicated KSK medical team attended to 37 street and static cases across Pudu and Kota Raya — providing vital care, wound dressing, and medical monitoring to those in need. From chronic wound management to health screening guidance under PeKa B40, our volunteers and doctors worked tirelessly to ensure every patient was seen, treated, and given the attention they deserve. These services are often the only access to healthcare for many who live without shelter or support. Our team's dedication, led by Krishnan and Dr. M, embodies compassion in action. However, medical supplies are running low — your support today can help us restock critical medicines and continue these life-changing missions on the streets.



Together with 290 volunteers consisting of Doctors, nurses, pharmacists, medical students and KSK regular volunteers, 963 houseless and urban poor were benefited with medic care. Knowing their lack of funds to take GRAB or their movement incapabilities/immobility, they couldn't travel to the nearest KK or hospital. Kudos to the team for their kind efforts to go to the beneficiaries instead.

WELFARE: 44 CASES WERE ATTENDED

44 Cases Attended - Restoring Dignity Through Timely Care

From June to November 2025, KSK attended to 44 welfare cases, providing targeted assistance to individuals and families facing urgent and often complex challenges. These cases ranged from immediate basic needs to critical follow-up support, reflecting KSK's commitment to addressing vulnerability with compassion, discretion, and dignity. Each intervention represented more than aid—it was a lifeline during moments of uncertainty. Support steadily intensified toward the latter half of the period, with 8 cases in September, 11 in October, and 13 in November, highlighting growing needs within the community. This increasing demand underscores the importance of sustained donor and volunteer support, enabling KSK to respond swiftly and responsibly to those who need help the most.

June	6 Cases
July	1 Case
August	5 Cases
September	8 Cases
October	11 Cases
November	13 Cases

A Clearer View of Hope for Ms. P

Our KSK team accompanied Ms. P (68 years old) – an urban poor client – to her follow-up appointment at the HKL Ophthalmology Clinic for her cataract and blurred-vision concerns. The doctor reported noticeable improvement in her eyesight, a wonderful sign of healing and progress. With continued treatment and regular monitoring, she is now on a clearer path toward restored vision and independence. KSK will be there every step of the way to ensure she receives consistent care, medication, and support.



Every act of care begins with a single step!!!

Our team accompanied Pn. LA, a 61-year-old from Chow Kit, to Klinik Kesihatan Tanglin for her first medical appointment under the National Health Screening Initiative (NHSI). Diagnosed with Dyslipidemia and Hyperparathyroidism, she now has a chance to begin proper treatment and continuous care – something she couldn't have done alone. At KSK, we believe healthcare is not a privilege but a right.



A new chapter begins for Mdm L!

With the help of KSK, our client Mdm L from PPR Desa Rejang successfully completed her second interview with JKM Wilayah Persekutuan for her welfare aid application. After weeks of preparation and follow-up, we're thrilled to share that her application has been accepted and approved! She will begin receiving RM600 monthly assistance starting December 2025 – a crucial lifeline to help her rebuild stability and independence.

EVENTS: STRONGER TOGETHER: COMMUNITY, COMPASSION & COLLECTIVE IMPACT

Gratitude to Long-Standing Partners, Supporters & Volunteer

Thank You Pim's & The Rama | June: In challenging times, we bid a heartfelt farewell to Pim's & The Rama, a long-term and deeply valued sponsor of hot meals for KSK. On their final day of operations, KSK volunteers and staff paid a visit—not to receive, but to give back our support and appreciation. We thank them for the years of generosity and stand with them as they embark on new journeys ahead. We wish them every success in their future endeavours.

Farewell Scott Morris | July: After two years of dedicated service, we bid farewell to Scott Morris, a US Navy SEAL veteran who lived and volunteered at KSK. Having personally experienced homelessness, Scott found KSK while searching online for a soup kitchen to serve. His journey with us has been one of resilience, empathy, and quiet strength. As he returns to Florida, USA, to spend his retirement, we thank Scott for reminding us that service transcends borders and backgrounds.

Food Security Through Corporate Partnerships

AmBank Nationwide Food Drive | July: Throughout July, AmBank (M) Berhad rallied its nationwide network in support of KSK's Food Bank. Thanks to 82 AmBank branches, an impressive 6,223 kg of dry food—aligned with KSK food pack guidelines—was donated to our hubs in Penang, Ipoh, Kuala Lumpur, Melaka, as well as three Orang Asli villages in Johor. This initiative significantly strengthened food security for vulnerable communities across Malaysia.

Thank You PreComp! | July: Together with Precision Computer (M) Sdn Bhd (PreComp), KSK successfully completed Phase 2 of the Odoo software implementation. This milestone enables KSK to better track, manage, and optimise beneficiary data, enhancing transparency, accountability, and service delivery. A sincere thank you to PreComp for supporting KSK's digital transformation journey.



Creative Fundraising with Corporate Teams

GT's Trolley Dash 1.0 | July: Together with 60 CIMB participants, GT's Trolley Dash 1.0 transformed grocery shopping into a purposeful treasure hunt at Lotus's Ara Damansara. Participants hunted for items aligned with KSK's Food Bank guidelines, resulting in 15 food packs donated to support families in need.

GT's Trolley Dash 2.0 | October: Building on its success, GT's Trolley Dash 2.0 saw 90 CIMB participants take on the challenge at MYDIN Subang Jaya. This time, 24 food packs were successfully “treasure hunted” and donated—proving that creativity and teamwork can amplify impact.

Awareness Through Movement & Engagement

AmBank Family Run 2025 | July: Held in conjunction with AmBank's 50th Anniversary, the AmBank Family Run brought families together for a meaningful cause. KSK was honoured to be one of the beneficiary NGOs, creating awareness among AmBank customers and participants about food insecurity and community support—turning celebration into compassion.



CIMB Food Drive | July to November: Nine food drives were held across four CIMB main offices, collecting a total of 12,500kg of dry food to support KSK's Food Bank Programme. This initiative demonstrated how workplace engagement can translate directly into tangible support for families in need.



Youth-Led Impact & Community Fundraising

A-Level Charity Run 4 (ACR4) | June: Organised by the A-Level Student Council of Sunway College (KL), led by Jayden Lee, President of the Student Council and a dedicated KSK volunteer, ACR4 exemplified youth leadership with purpose. With 60 runners participating, a total of RM650 was raised in support of KSK's Food Bank Programme, proving that small steps—taken together—can create meaningful impact.

National Engagement

Kuala Lumpur Standard Chartered Marathon (KLSCM) | October: Under the Run For A Reason (RFAR) category, runners were given the opportunity to support KSK as their chosen NGO. We proudly welcomed runners during Race Pack Collection at the KL Convention Centre, strengthening visibility and partnerships while championing the cause of food security.



Dignity Beyond Food

DHL GoHelp | November: A heartfelt thank you to DHL Express (Malaysia) Sdn Bhd for their generous contribution of 790 personal hygiene care packs. These were distributed to Orang Asli communities in Kuala Tahan and houseless individuals across Kuala Lumpur, Ipoh, and Johor, benefitting 790 individuals and restoring dignity where it matters most.

Strengthening Regional Collaboration to End Hunger

From 21 to 23 October 2025, Kechara Soup Kitchen (KSK) Society was honoured to host the **GFN Asia Pacific Food Bank Conference 2025**, bringing together food bank leaders, practitioners, and partners from across the region. This landmark event reaffirmed the collective commitment to tackling food insecurity through collaboration, innovation, and shared learning.

As one of only two members of The Global FoodBanking Network (GFN) in Malaysia, KSK played a pivotal role in convening this regional platform—strengthening Malaysia's position within the global food banking ecosystem.

The conference welcomed delegates from 17 Asia Pacific food banks, representing countries including:

🇦🇺 Australia | 🇨🇳 China | 🇮🇳 Hong Kong | 🇮🇳 India | 🇮🇩 Indonesia | 🇯🇵 Japan | 🇵🇭 Philippines | 🇸🇬 Singapore | 🇹🇼 Taiwan | 🇹🇭 Thailand | 🇻🇳 Vietnam

KSK as Host: From Local Action to Regional Leadership

Hosting the GFN Asia Pacific Conference marked a significant milestone for KSK. It reflected the organisation's evolution from a grassroots soup kitchen into a trusted, regionally recognised food bank with strong governance, systems, and impact. Through site visits, discussions, and experience sharing, KSK showcased:

- Its Food Bank operations and surplus food rescue model
- Strong corporate partnerships and volunteer engagement
- Ongoing efforts in digital transformation and data transparency
- Commitment to serving vulnerable communities, including the urban poor and Orang Asli villages

This platform allowed KSK to both learn from regional peers and contribute Malaysia's on-the-ground experience to the wider food banking network. The GFN Asia Pacific Food Bank Conference 2025 was more than a meeting—it was a collective step forward in addressing food insecurity across diverse socio-economic landscapes.

Closing Appreciation

Every event between June and November 2025 reflects the power of partnerships, volunteers, corporate allies, and compassionate individuals.

Your continued support fuels KSK's mission—not just to provide food, but to restore hope, dignity, and community resilience.



HELP US

Scan the QR code to contribute to our cause!



CONTACT US

ksk@kechara.co

+60 12-615 0260

www.kecharasoupkitchen.com

+6010 3333 260